

Health Services Board Report

By Sue Blankenship, RN

July 7, 2014

Review and Current Status of Health Services Department:

1. NURSE SPECIALTY PROGRAMS:

- utilizes the extensive and diverse knowledge each nurse has gained in specific areas to further provide our students and staff expertise in:

- a. **Asthma Management/ Student Diabetes Club**-Tammie Lawson, RN
- b. **Diabetes Management/ Student Diabetes Club**-Amy Rabenold, RN
- c. **CPR/ AED/ First Aid Programming**- Kim Lapeyre,RN, Susan Neal, RN
- d. **Employee Health Program / Physical and Emotional Health Issues** -Sue Blankenship, RN
- e. **SISK-12 Medical Documentation** - Shelli Maher, RN
- f. **Immunization Program** - Sharon Sweatt, LPN
- g. **Medical Conditions/ Special Medical Needs/ Care plans/ 504's** - Kim Saab, RN
- h. **Infection Control/ Health Services Website Design for Health Services** -Susan Neal, RN

2. STUDENT HEALTH PROGRAMS:

- a. **Garden Grant at Dogwood Elementary- Hy-Vee "One Step" Gardening Grant** in cooperation with University of MO-Extension Service and many community
- b. **Miles For Smiles** program promotes opportunities for students to access affordable and convenient dental care by Miles For Smiles Program- a traveling Medicaid dental health program for students started in 2010 in one school and has now served students in all of our schools.
- c. **Camdenton Student Diabetic Club** is a Type-1 Diabetes Support Group facilitated by Amy Rabenold, RN and Tammie Lawson, RN. The focus of this program is to keep students and families abreast of all current trends in diagnosis, treatment, and resources for diabetic students.
- d. **Childhood Obesity Program**- Students in all grade levels were weighed and measured to assess BMI's. The parents of those students (with accelerated->95% BMI's) received letters informing parent/guardian of BMI and an offering of assistance with weight reducing measures. Also, **Fuel Up To Play 60** -a national interactive computer program has been introduced into five of our schools.. It is a program focused on combating childhood obesity.
- e. **Miles For Smiles**- A Medicaid funded mobile dental program which provides basic to comprehensive care to our students in each and every building.

\$140,000 of care was provided to our district children.

f. Student CPR/First Aid- High school and middle school students have access to learn CPR. 7 CPR/FA courses were offered to students and staff so that they can assist in emergency situations.

- We will initiate AHA School Challenge for Next Generation of Lifesavers CPR Training for MO public high school students- House Bill 105-32- starting fall of 2014.

g. Above The Influence. HS and MS nurses sponsor, promote and direct a national anti-alcohol and anti-drug campaign

h. Lakers' Listen- A student support group that has been meeting since December, 2011, focusing on student depression and/or anxiety awareness. In the meetings, students will have a nurse and counselor with an experiential and educational background in behavioral assessment as an immediate support system (within our system) to assist them.

- **Emergency suicide prevention** -Sue Blankenship, RN and Counseling Services Director partner to follow district procedures
- **Emotional Wellness Website** development- One of this groups focuses includes the development of an informative website for middle schoolers regarding teen suicide prevention, grief management, Establishment of this website will be incorporated into our district website to include Health Services emotional wellness policies; parental fill-out forms; health education pieces, referral medical and psychological facilities, etc.
- **Individual student support-** Sue Blankenship, RN meets with each student, face- to- face in a private setting at least once monthly.

3. EMPLOYEE HEALTH PROGRAMS:

-Customized to meet the needs of our employees. Also, to encourage and promote staff members to maintain personal health and adapt healthier lifestyles while having immediate access to health illness management.

a. Annual Employee Wellness Clinic- 200+ staff members for May, 2014 Clinic (most yet)

b. Monthly Health Observances Program -All nurses presented three employee wellness events in their buildings this year.

c. Building Three Employee Wellness Events All nurses presented in their buildings this year

d. Employee Weight Maintenance Program-Each nurse is now proficient in the body analysis machines purchased for each clinic

e. Nutritional education and exercise opportunities outside of school hours

- Three exercise opportunities per week are offered after school hours at various locations in school district
- Each nurse is proficient in **the body analysis machines** purchased for each building clinic.
- Each nurse provides an **open-door policy** for all employees to utilize a blood pressure, blood sugar and body analysis monitoring system within each

clinic.

f. *Employees with Cancer Diagnosis*- will have a nurse with an experiential and educational background as an immediate support system (within our system) to assist in making difficult decisions based around their diagnose and treatment thus making future medical planning as stress-free as possible. Nurse cancer educator, Annette Petersen, RN was immediately available and helpful in one employee cancer case this past year. She made contact with the employee within 24 hours of this employees request for nursing assistance.

g. *Online Staff Health Related training (required)* of health related components created for all staff training for:

- Blood Born Pathogens
- Universal Precautions
- Epi-Pen training

h. *Depression, Anxiety or Occupational Burnout*

Employees experiencing problems with this will have access to a nurse with an educational background in behavioral triage assessment as an immediate support system (within our system) to assist them in the formation of a treatment plan. This will be a component of our Laker Employee Assistance Program (LEAP) named "Lakers' Listen".

i. *Lifestyles Management Computer Module* by HealthLink. All nurses will incorporate online program into our district informational website for daily use by employees.

4. NURSE CONTINUING EDUCATION:

-Promote medical knowledge and reaction to clinic and school building issues:

- a. Nurses attended 8 Continuing Education Programs throughout year.

5. COMMUNITY EDUCATION:

a. *Hy-Vee One Step Garden Grant Program*

b. *Public Service Radio Announcements*- broadcasted through two local radio stations regarding various health promotion topics consistent with our Monthly Health Observances program

c. *MSBA Nurse Presentation in Dixon, MO* presenting the strengths of our Health Services program

d. *Project Healthy Living*

Nurse attends a monthly community group meeting to promote community wellness and recognize/minimize community risk factors

e. *School Health Advisory Council- SHAC* meetings were held in the District Administrative Board Room quarterly . These meetings are policy directed to promote community and interdisciplinary partnerships, activities and other cooperative initiatives.

f. *Neighborhood School Nurses* is a consortium, that we host, of neighboring

school health services directors to support each other and exchange ideas to further our promise that each and every student and staff will have immediate access to health promotion, illness management, and accident prevention. Nurses from several neighboring school districts meet at Camdenton High School.

6. CHANGES TO HEALTH SERVICES:

- a.** Bus Driver Physicals- will not be done in house by our nurses and Dr. Abbott this year. Bus drivers will be seen in Dr. Abbott's office in Osage Beach, MO
- b.** Osage Beach Elementary and Hurricane Deck Elementary's nurse position have been upgraded from LPN positions to RN positions.

7. HEALTH SERVICES STAFF FOR 2014-15 SCHOOL YEAR:

Sue Blankenship, RN, Coordinator
Nancy Dickerson, RN Middle School Clinic
Kim Lapeyre, RN Dogwood Clinic
Tammie Lawson, RN Oakridge Clinic
Shelli Maher, RN High School Clinic
Susan Neal, RN Hurricane Deck Elementary Clinic
Amy Rabenold, RN Hawthorn Clinic
Kimberly Saab, RN Hurricane Deck Clinic
Sharon Sweatt, LPN Dogwood Clinic
Substitute nurses and volunteers:
Rosemary Chance, LPN Substitute Nurse
Pat Dampier, LPN Substitute Nurse
Annette Petersen, LPN Substitute Nurse
Karen Harris, RN

Respectfully Submitted,

**Sue Blankenship, RN
Coordinator of Health Services
Camdenton School District**